

# NETWORK RAIL – COMPETENCY SPECIFIC MEDICAL FITNESS REQUIREMENTS

Please be aware that Network Rail's medical standard NR/SP/CTM/021 – Safety Requirements for Track Safety has been withdrawn. From the compliance date of the 1st March 2009 the new standard NR/L2/OHS/00124 – Competency Specific Medical Fitness Requirements will be in use.

The new standard stipulates that the sponsor must determine the fitness level that the individual requires in order to undertake their competency duties. Employers should advise the occupational health provider of the level of medical required when making a booking.

You can obtain a copy of the new standards from IHS (Technical Indexes Ltd) on telephone number 01344 328 039. If you have enquiries relating to the new competency levels, then you are advised to contact the NCCA helpline on telephone number 08701 642 244.

## Competency Levels and Medical Fitness Requirements

<b>Level 1</b> e.g. AOD Level Crossing Officer	Requires normal colour vision	Cannot hold a restriction
<b>Level 2</b> e.g. Engineering Supervisor	Requires normal colour vision	Can hold a restriction
<b>Level 3</b> e.g. Lookout, Individual Working Alone	Does not require normal colour vision	Cannot hold a restriction
<b>Level 4</b> e.g. PTS / COSS	Does not require normal colour vision	Can hold a restriction
<b>Level 5</b> e.g. Network Rail – Signaller	Requires normal colour vision	Can hold a restriction
<b>Level 6</b> Network Rail - Rail Incident Commander	Requires normal colour vision	Can hold a restriction

If you have any questions please feel free to call the office on 020 7394 1788.

